



Anxious about your child's nutrition?

Not sure how to support sensory and nervous system differences?

Worried about your child's growth or weight?

Trying and failing to get your child to eat more, less, or different foods?

HELPING YOUR CHILD
WHEN
MEALTIMES
ARE HARD



LOVING SUPPORT FOR ANXIOUS EATING,
WEIGHT AND NUTRITION WORRIES,
and
EVERYTHING IN BETWEEN

KATJA ROWELL, MD

thefeedingdoctor.com

**trauma
informed**

Discover
practical solutions
that work
for your family.

